



It does not matter how slowly you go as long as you do not stop.
It's a long road...but it's worth it!

SUPPORT GROUP

ON THE ROAD TO RECOVERY

Group Counseling

Amistad Community Health Center is now offering group counseling for adults needing assistance with, or additional support towards, recovery from addiction. Groups will take place twice a week for 8 weeks, please call for current schedule and availability.

Not able to make it this round? No Problem! Sessions will be ongoing.

Contact our Behavioral Health Department to sign-up and begin your journey on the road to recovery.



****Accepting most insurances.**

****No Insurance? No problem, we offer a sliding-fee scale to qualifying participants**

Topics include:

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Disease Concept of Addiction

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The 12 Steps

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Relapse Prevention

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Anger Management

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Building Sober Support System

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And much more...

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