



Geriatric Care At Amistad

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Dr. Garcia Blow graduated from The University of North Texas as a Doctor of Osteopathic Medicine and completed her Geriatric Fellowship with Christus Spohn Family Medicine Residency Program.

What is a geriatric doctor?

Geriatric doctors specialize in senior health care, including many short-term and long-term medical conditions that are closely linked to aging in older adults.

When should I consider a geriatric specialist?

There is no set age to begin seeing a geriatric doctor. Patients who are 65 or older, or have multiple chronic health conditions.

Common Geriatric geriatric conditions in older adults



Diabetes Management



Heart Disease



Mental Health



Mobility and fitness



Bladder Control



Immune Conditions

